



Old Collegians Rugby Weekly News



10 February 2014

SENIOR RUGBY

PRESEASON TRAINING HAS STARTED - SEE YOU THERE!

2014 COACHES

We are happy to announce the following appointments.

1st XV: Peet Arnold and David Nolan

2nd XV: Stewart Douglas and James Irving

3rd XV: Graham Raymond

4th XV: Lenny Eilers and Nick Porter

Women's XV: David Linder Patton

CLUB CAPTAIN & PLAYERS COMMITTEE

We will be electing a new Senior Club Captain during the pre-season. The role of Club Captain is an honour and a responsibility. The Club Captain is the voice of the players. His/her duties include:

- ensuring club morale and spirit is maintained and attending OC matches, across all ages and grades
- maintaining discipline amongst the players
- helping coaches/selectors provide players with the opportunity to excel
- leading by example in training, conduct on the field and support of club activities
- acting as a representative/advocate for players to the coaches/selectors
- representing the club at functions, including speeches at home games and formal events
- representing the interests of the players to the coaches, selectors and the committee

The Club Captain will be assisted in these duties by a committee of players, with two representatives from each senior grade. Please forward any nominations for Club Captain and/or the Players Committee to kim@oldcollegiansrugby.org.au.

SENIOR REGISTRATION AND FEES

Senior Player: \$295 Concession Player: \$255 Social Member: \$80

Senior players are expected to be financial by the first game of the Premiership Round 2014 (April).

Players who are unfinancial after the second week of the Premiership Round will not be eligible for selection and will be charged a late fee. As you all know, OC calculates your subs to cover only SARU/ARU affiliation and insurance fees. Every senior financial player will receive a complimentary club polo (RRP \$35) upon payment of their fees.

COME & TRY WOMEN'S RUGBY!

Get involved in fun and interactive rugby sessions that are open to new and existing players.

Sessions will be held on: 15 February, 22 February, 1 March, 15 March, 22 March and 29 March.

Contact us for more information.

JUNIOR RUGBY

JUNIOR REGISTRATION NIGHT

Junior Registration night will be from 6pm on Thursday 13 February.

Come along and register for 2014, enjoy our \$10 steak night and watch the senior teams training.

Please bring proof of age for registration purposes.

2014 COACHES

U18s: Ben Suttell, Tom Moon and Todd Graham

U16s: Mike Westerik, Peter Dubois, Ian Horne, Simon Pickford

Under 14s: Richie Pardoe

U12s: Charles List, Craig Williamson

U10s: Russell Gordon

Under 8s: Jarrod Deakin

Under 7s: James

OC PLAYERS TRUST

The OC Players Trust was established in 2012 and is a separate fund which is independently raised and administered. The Trust exists to support players, coaches & administrators who wish to remain in (and/or relocate to) Adelaide for personal, study, business or career reasons and who commit to contributing to the success of Old Collegians.

GRANT APPLICATIONS INVITED NOW!

The Trust can provide financial grants, for example scholarships to assist with formal study, career development, skills training and/or extramural study, or such other assistance as deemed appropriate by the Trustees.

To date, the trust has provided a subsidy for one of our players to undertake a higher education course in Adelaide, and is funding 1st XV Coach Peet Arnold and 2nd XV Coach Stewart Douglas to undertake an advanced coaching course at the International Rugby Academy of New Zealand in February this year.

Email kim@oldcollegiansrugby.org.au for a grant application form or for more information.

SOCIAL

GOLF DAY – THIS SUNDAY 16 FEB 2014

It's time for our annual golf challenge from the Barossa Rams! This is a charity event run by the Rams to raise funds for "Soldier On". Player cost \$70, includes the golf round, breakfast, and lunch (Non-Players welcome for \$20). **If you haven't RSVP'd to Tom Moon or Hamish Cranna, please do so immediately.**

COOPERS ALEHOUSE SUPER 15'S TIPPING COMPETITION

The Coopers Alehouse now has SportsPick for Super 15's tipping.

The tipping competition will kick-off on Friday 14 February and the prizes up for grabs are:

1st Place: \$500 2nd Place: \$200 3rd Place: \$100

Loyalty points can be earned for placing your tips which you can spend on food and beverages

There are also random swipe offers and prizes.



Oztag is back on! Come out on Mondays and Wednesdays from 6pm to support the teams full of OC men, women and juniors and enjoy a cleansing ale and a snag! Wednesdays at 7pm is the social comp including lots of OC mums, dads and our juniors.

**The Clubrooms Bar will be open on Thursdays from 23 January
(and is already open again on Wednesdays for Oztag).**

STATE REPRESENTATIVE RUGBY

Congratulations!

Congratulations to the OCs selected for the Black Falcons XV's tour of NZ this year: **Henry Nutt, Gary Mann, George Bretag Norris, Wayne Power, Tim Wonders, Paddy Macklin, Mitch Oak, Chris Bartlett** ...and the Southern Warriors 7s tour to Nationals in Canberra: **Mackenzie Sadler, Nadia Blake, Anja Halstead**
Money is scarce in our code at the moment and these players have to raise substantial sums to fund their state representation. Please look on them with a generous heart if they approach you selling raffle tickets/wine/chocolate/their immortal souls, and if anyone is feeling particularly munificent and would like to sponsor one of them, please let us know!

Southern States Under 20's Championships & SA Rugby Season Launch!

Clear your calendar from 22 to 26 February and head down to Adelaide Airport Stadium (Thebarton Oval) for the Southern States Under 20's Championships and SA Rugby's Season Launch!

Saturday 22 February

12pm: Women's and U20s 7s
2pm: Black Falcons A v Black Falcons B
3.30pm: Under 20s, Victoria v ACT
5pm: Under 20s, WA v NSW Country
6.30pm: Under 20s, SA v QLD Country

Sunday 23 February

11am: U7/8/9/10 Round Robin
11am: SA Rugby Junior Summer Academy Game
12pm: Women's and U20's 7s
1.45pm: U15s, SA v ACT
3pm: U17s, SA v ACT
4.20pm: U20s, Qld Country v NSW Country

Monday 24 February

9am: U20s, SA v NSW Country
10.30: U20s, Vic v Qld Country
12pm: U20s, WA v ACT

Wednesday 26 February

12.30pm: U20s, Vic v WA
2pm: U20s, SA v ACT

CLUB NOTES

COACHING COURSES

Saturday 22 Feb 2014: Advanced coaching

This course provides an opportunity for professional coach development along with fantastic networking opportunities. Senior, U18s & U16s coaches are encouraged to attend.

Saturday 22 March 2014: Foundation Course

This course assists coaches in obtaining their level 1 coaching accreditation.

Level 2 Coaching Course

This course provides coaches with the ability to identify and coach correctly the roles players will perform in a game. Modules focus on a number of technical aspects.

Attendees must be available to attend **all three days** of the course.

Sun 23rd March, Sun 18th May and Sun 20th July

The club will pay for any Old Collegian who would like to undertake any of these courses. If you are interested in a course, please let us know – sue@oldcollegiansrugby.org.au

NEW SCRUM MACHINE!

We have bitten the bullet and bought a new scrum machine for the Club. The current 20 year old machine has given us good service but has seen better days. Now it's of limited value to our senior squads, and its dimensions have meant that it was never much use to our juniors or women anyway. So, the Shiny New Machine will arrive in a few weeks. It is generally *fancier* and will allow for more advanced scrumming technique training, and it is also fully adjustable so that our juniors and women can get the best possible use from it too.

As you would expect, a scrum machine is a significant expense, and thanks go to our Juniors for their Fun Run fundraising which made a healthy contribution towards the cost.

RUGBY ROVERS...

About this time of year we get emails from rugby players roaming the globe and looking to settle in Adelaide for a few weeks, months or years to play for Old Collegians. If you have an empty flat, bedroom or couch and would like to supplement your income by sharing it with a new Old Collegian, let us know!

STRAPPING & FIRST AID COURSES

Strapping Course: Sunday 2 March 2014

First Aid Course: Date TBA

The club will pay for any Old Collegian who would like to undertake the strapping course, and will run a first aid course if there is sufficient interest. If you are interested in either or both courses, please let us know – sue@oldcollegiansrugby.org.au

WORKING BEE

All hands on deck! Saturday 1 & Sunday 2 March

No skills needed (although tradesmen are particularly welcome). Come along and help us spruce up the club for 2014.

With thanks to our Sponsors!

