



Old Collegians Rugby Weekly News



Christmas Eve, 2013

SEASONS GREETINGS



We hope you had a great year with us and we look forward to sharing another great year with you in 2014. We wish you and yours a very happy holiday season.

SENIOR RUGBY

ADVANCED WARNING: PRESEASON TRAINING

Commencing Thursday, 23 Jan 2014

Thursday, 23 Jan 2014 – light training session (e.g. Touch Footy), optional
Thursday, 30 Jan 2014 - Light training session, optional
Thursday, 6 Feb 2014 – Info session, BBQ, light training session, compulsory
Tuesday, 11 February – Full pre-season training commences, compulsory

2014 COACHES

We are happy to announce the following appointments.

1st XV: Peet Arnold and David Nolan
2nd XV: Stewart Douglas and James Irving
3rd XV: Graham Raymond (TBC)
4th XV: Lenny Eilers and Nick Porter
Women's XV: TBC

CLUB NOTES



Oztag is on Tregenza Oval this Spring/Summer so come out on Mondays and Wednesdays from 6pm to support the teams full of OC men, women and juniors and enjoy a cleansing ale and a snag! Wednesdays at 7pm is the social comp including lots of OC mums, dads and our juniors. There won't be any games for a few weeks due to the Christmas break; watch this space and we'll let you know when it's back on.

The Clubrooms Bar will be closed until Preseason 2014. It will be open on Thursdays from 23 January.

2014 YOUTH OLYMPIC GAMES

Australian Rugby Union recently announced an Aussie Schoolgirls Rugby 7s training squad of 22 young women in preparation for next year's Youth Olympic Games in Nanjing, China. Huge congratulations to our own Mackenzie Sadler who has been selected! Mackenzie was selected from the 2013 National Youth Girls' Sevens Championships in the Gold Coast October this year.



NATIONAL INDIGENOUS SCHOOLGIRLS 7S

More congratulations for the young stars of our women's team! Old Colls' Jadeen Chisholm (top left) was part of the winning side at the recent National Indigenous Schoolgirls 7s tournament.

If the kids are missing their rugby during the holidays, here's a little variation on an old favourite to tide them over for a few more weeks.

The Twelve Days of Rugby

*On the 1st day of rugby my true love gave to me: an ice pack for my sore knee
On the 2nd day of rugby my true love gave to me: 2 smelly socks and an ice pack for my sore knee.
On the 3rd day of rugby my true love gave to me: 3 rolls of tape, 2 smelly socks, and an ice pack for my sore knee.
Twelve fans a-screaming,
Eleven trophies gleaming,
Ten coaches shouting,
Nine balls for kickin',
Eight scrummers scrumming,
Seven tacklers tackling,
Six refs a-whistlin',
Five yellow cards,
Four tackle pads,
Three rolls of tape,
Two smelly socks,
And an icepack for my sore knee!*

With thanks to our Sponsors!

